




WEEKLY SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
08:00	 Christoforos		 Savvas	 Savvas		
18:00	LesMILLS BODYCOMBAT Raffaella	LesMILLS CXWORX Alexandra	TRX Suspension Training® Savvas		TRX Suspension Training®	
19:00	LesMILLS BODYPUMP Antreas S.	LesMILLS BODYBALANCE Christa	LesMILLS RPM Louiz Call to reserve	LesMILLS BODYSTEP Suzana / Adele	LesMILLS BODYPUMP Antreas S.	
20:00				LesMILLS BODYBALANCE Christa		

Note: For RPM classes please call in advance in order to reserve your place!

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